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# Get The

# BEAT

JULY-AUGUST 2026

## SUMMER PROGRAMS ARE HERE!

**Beginner Music Theory** with Jenna Trill  
**Monday July 6th, 13th, 20th, and 27th from 1:00-2:30 pm** Leave your instruments at home for this Beginner Music Theory Course. Beginner workbooks will be provided. Jenna's enthusiasm for music theory is bound to be contagious.

**Beginner Ukulele** with Avram McCagherty  
**Monday July 6th and 13th from 3-4:30pm**  
 These sessions will focus on fun, easier tunes and will appeal to newer ukulele players. Spoiler alert; by the end of these two sessions, you'll be ready to perform these newly polished songs, at the pre-movie concert in EMP on July 13th at EMP at 6pm.

**Improvisational Soloing** with Maestro Ben Beaudet  
**Tuesdays July 7th, 14th, 21st and 28th from 1-3pm** Learn to trust your musical intuition and experience the true meaning of Facile, Facile Improvisation. Everyone is welcome. Even beginners can explore Rhythm, dynamics and attitude, while soloing with just one note. Let's do this.

Email [info@friendsofmusic.ca](mailto:info@friendsofmusic.ca) to let us know which instrument you plan to bring.

**Guitar Karaoke** with Chey Hjelt  
**Wednesday July 8th, 2026 from 1-3pm**

This is a new twist on Karaoke. It is the guitar players who will shine. You name the song, and we provide the backtracks. You play-along, or play air-guitar. We provide the amps and guitars. We will rely on our regular Open Mic tune book. One session only! Sign up, by email.

**Voice Workshops** with Colleen Ball, RTC, ARCT, AVCM, RMT  
**Wednesdays July 15th, 22nd and 29th from 1-3pm**

For any vocalist who wants to explore some vocal technique for artistry and expression, breathing for "pitch and power" in singing, vocal freedom through expression and creativity and with some fun vocal improvisation and harmony.

**Advanced Ukulele Workshops** with Avram McCagherty **Thurs July 9th, 16th and 30th from 10:30am - 12:30pm** These three, 2-hour sessions will appeal to advanced players.

**Summer Tune Up** with Barry Turner  
**Thurs July 9th, 16th, 23rd and 30th from 1-3pm**  
 There will be Sixties, Elvis, Beatles and FOM goes Country, in this drop-in group that includes a non-auditioned chorus and a rhythm section. Singers, drummers, guitarists, bass players, piano players & really, any instrumentalist or singers are welcome, whether you play what's written or play by ear. This is a low-key group that welcomes all skill levels. This is a great chance to meet new people. With an opportunity to be involved in a performance, if you choose: Social Gathering Place BBQ Sat July 18th 2:30-3:30 at Fernwood Community Centre. Food and drinks are offered. Drop-in and join summer tune up on stage!

**Support FOM Music Society** *in the*  
**VICTORIA MARATHON**  
 Marathon, Half-Marathon, 8K, 5K and Kids Run

**SCAN ME**

**We're an official charity in the Victoria Marathon!**  
 Our bands will perform on the racecourse at Dallas Road.  
**JOIN OUR TEAM | VOLUNTEER | DONATE!**  
**Friday-Sunday**  
**OCT 9-11 | RVM**

[www.runvictoriamarathon.com](http://www.runvictoriamarathon.com) [www.friendsofmusic.ca](http://www.friendsofmusic.ca)

### FUNDRAISING SPOTLIGHT: SUSAN DEMPSEY!

For my 70th birthday celebration in May, I wanted to do something meaningful, so requested that instead of gifts, my friends and family donate to a couple of my favourite non-profit organizations. Friends of Music was top of the list. Here's the reason. Over the few years I've been involved, I have seen miraculous things happen when people come together to play music in a heartfelt and inclusive way. So, I wanted to both spread the word about FOM, and help support the wonderful opportunities they offer. A big thanks to all who donated in honour of my next decade. Janet said the response was great. It's been a wonderful way to celebrate, and to give back to the community, all in one small request. I highly recommend it. And much appreciation for my wonderful experiences in Ukelelians and, more recently Eclectics, where I get to play Ken Beattie's accordion so generously donated (although I doubt I'll ever live up to his playing).



# FRIENDS OF MUSIC CALENDAR OF EVENTS

## JULY 2026

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
		1	1 <b>CANADA DAY</b> STAT HOLIDAY OFFICE CLOSED	2	3	4
5	6 Beginner Music Theory With Jenna 1:00-2:30pm Beginner Ukulele With Avram 3:00pm-4:30pm	7 Improvisational Soloing With Ben 6:00-8:00pm	8 Guitar Karaoke With Chey 1:00-3:00pm	9 Advanced Ukulele Workshop w/ Avram 10:30am-12:30pm Summer Tune-Up With Barry 1:00-3:00pm	10	11
12 MONTHLY MOVIES CONCERT AT 6PM MOVIE AT 7PM 'MEAN GIRLS'	13 Beginner Music Theory With Jenna 1:00-2:30pm Beginner Ukulele With Avram 3:00pm-4:30pm Ukuelians perform 6pm	14 Improvisational Soloing With Ben 6:00-8:00pm	15 Voice Workshops w/Colleen 1:00-3:00pm	16 Advanced Ukulele Workshop w/ Avram 10:30am-12:30pm Summer Tune-Up With Barry 1:00-3:00pm	17 GVSGP BBQ SAT 18 <sup>TH</sup> 1-4PM FERNWOOD COMMUNITY CENTRE	18
19	20 Beginner Music Theory With Jenna 1:00-2:30pm	21 Improvisational Soloing With Ben 6:00-8:00pm	22 Voice Workshops w/Colleen 1:00-3:00pm	23 (no ukulele today) Summer Tune-Up With Barry 1:00-3:00pm	24	25
26	27 Beginner Music Theory With Jenna 1:00-2:30pm	28 Improvisational Soloing With Ben 6:00-8:00pm	29 Voice Workshops w/Colleen 1:00-3:00pm	30 Advanced Ukulele Workshop w/ Avram 10:30am-12:30pm Summer Tune-Up With Barry 1:00-3:00pm Eclectics Dress rehearsal 3:15-5:00pm	31	

## AUGUST 2026

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<p>FRIENDS OF MUSIC IS LOCATED IN THE ERIC MARTIN PAVILION THEATRE. WE HAVE AN AIR CONDITIONED THEATRE, FOR STAYING COOL THIS SUMMER. OUR ENTRANCE IS THROUGH THE GLASS SLIDING DOORS FACING FORT STREET. JUST FOLLOW THE WALKWAY AROUND THE LEFT SIDE OF THE BUILDING, FROM VICTORIA MENTAL HEALTH MAIN ENTRANCE (SEE THE MAP ON OUR WEBSITE).</p>						1 LONG WEEKEND
2 LONG WEEKEND	3 BC DAY LONG WEEKEND STAT HOLIDAY OFFICE CLOSED	4	5	6	7	8
9	10 MONTHLY MOVIES ECLECTICS PERFORM 6pm Movie: Clueless At 7pm	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
<p>OUR REGULAR PROGRAM SCHEDULE RESTARTS IN SEPTEMBER, AFTER LABOUR DAY LONG WEEKEND! THERE MAY BE SOME SCHEDULE CHANGES, STAY TUNED FOR MORE DETAILS</p>						



**DONATE TO FRIENDS OF MUSIC SOCIETY USING OUR VIRTUAL DONATION BOX: Just point your cell phone at the QR Code to be connected to our donation page at CanadaHelps.**

FOM Music Society gratefully acknowledges the support of the Province of BC, Island Health, The Victoria Foundation Community Grants, Mary Elizabeth Hemeon Memorial Fund through the Victoria Foundation, The Backmann Fund, held at Vancouver Foundation, and all our friends & supporters.