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# Get The BEAT

NOVEMBER-DECEMBER 2023

**CHECK CALENDAR FOR UPDATES ON  
 DECEMBER PROGRAMMING**  
 REGULAR PROGRAMS RESUME ON JAN 7<sup>TH</sup>, 2024!

## ANNOUNCEMENTS

### VICTORIA MARATHON FUNDRAISER - RESULTS! THANK YOU TO ALL OF OUR MENTAL HEALTH CHAMPIONS!

Through this event we raised \$2820 in support of FOM Music Society Programs! It was truly impressive how much support we received, from our runners, volunteers, musicians and donors, who generously contributed their time. Thank you to the 22+ runners who worked so hard to train for the event and collect pledges on our behalf. Our star fundraiser was River Chandler, who alone raised \$668.63! And the 5K Mellow Tones team led by Anne Draper, ranked 11<sup>th</sup> out of 185 teams for fundraising. We offer a big round of applause for their AMAZING WORK! We are equally proud of all our musicians who came out to perform right on the race course, including Lets Groove! Drum & Percussion, who did their very first performance ever. Way to go!

**RVM 2024:** Now is the time to start thinking about next year's marathon. Thanks to our enthusiastic Executive Director, FOM is already registered as an official charity for the Victoria Marathon next October! Registration for runners will open up in the Spring, and we plan to have several teams running or walking in different races. It is never too early to start training and planning your distance. Put on your boogie shoes with FOM!

### **VOLUNTEERS NEEDED: SUPPORT OUR COFFEE BREAKS**

We need help with coffee breaks, for the following group rehearsals: Drumming, Ukulelians, Moodswing Choir, Fundamentals & Jazz Improv. Volunteers would assist with set-up of the coffee, snacks and tea, and clean up afterwards. It's an easy and relaxed volunteer role. Feel free to stay and socialize or sit in with the musicians, if you aren't already a member of the group. This would really help free up time for Janet & Vanessa to continue with their vital work in the office.

## WE'RE ON INSTAGRAM AND FACEBOOK!

Follow FOM Music Society for updates, stories photos and videos in your Newsfeed. You can also share our upcoming concerts and happenings with your friends. Visit our handles and give us a like or a follow.



@fom\_music\_society



@FOM Music Society



YOU'RE INVITED

# Christmas DINNER & DANCE

**DA VINCI CENTRE  
 WEDNESDAY  
 DECEMBER 6TH, 2023  
 4:30-7:30PM**

**FEATURING LIVE MUSIC WITH FOM'S  
 PERFORMANCE GROUPS, A TURKEY  
 DINNER, PRIZE DRAWS AND DANCING.**

*Please RSVP!*

We're getting into the holiday spirit, for our annual Christmas Dinner at the Da Vinci Centre. FOM Music Society puts on this Special Event for the local area Mental Health Housing Sites. We want to offer thanks in advance to FOM Music Society musicians who will provide the entertainment, and to the Camosun Culinary Arts Professional Cook students, who cook the turkeys for us. We will need lots of volunteers to help at the event, and all are invited to enjoy the dinner, dance and music. Please RSVP if you plan to attend [info@friendsofmusic.ca](mailto:info@friendsofmusic.ca)

### **LIGHTS OF WONDER IN CENTENNIAL SQUARE December 28<sup>th</sup> - Featuring the Ukulelians & Moodswing Orchestra!**

For a second year in a row, our performance groups will be playing at this spectacular seasonal event. The Downtown Victoria Business Association (DVBA) transforms Centennial Square into a holiday wonderland. The event features themed light exhibits, four interactive light tunnels, and a 40-foot festive tree. With free admission, Lights of Wonder offers live outdoor family entertainment, warm nibbles, and magical light displays. Come out and enjoy the spirit of the season with us! Learn more about the event at:


<https://downtownvictoria.ca/lights-of-wonder/>

### **WANT TO HELP OUT?**

We hope to be at the Giving Hut on-site for three consecutive nights (to be confirmed). And we'd like to invite our members and supporters to volunteer with us at the event. This is an opportunity to engage with the public, spread awareness about what we do at FOM Music Society, and collect donations to support our Annual Campaign in December.

# FRIENDS OF MUSIC CALENDAR OF EVENTS

## NOVEMBER 2023

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
29	30		1 Beginner Band 11-11:55 Skills Band 12-12:55 Jazz Improv 1 - 3	2 Eclectics 10:45-12:15 Fundamentals 1-3pm *Community Concert Ukulelians 6:30-7:15pm Orchestra 7:30-9:00 PM	3 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	4
5 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	6 Finance MTG 6:30pm BOARD MTG 7:00pm	7 Drum & Percussion Class 1-3pm Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	8 Beginner Band 11-11:55 Skills Band 12-12:55 Jazz Improv 1 - 3	9 Eclectics 10:45-12:15 Fundamentals 1-3pm *Community Concert Jazz Improv 6:30-7:15pm Orchestra 7:30-9:00 PM	10 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	11  Remembrance Day
12 Remembrance Day Weekend No Programs	13 Monthly Movies Concert ECLECTICS 6:00-6:45	14 Drum & Percussion Class 1-3pm Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	15 Beginner Band 11-11:55 Skills Band 12-12:55 Jazz Improv 1 - 3	16 Eclectics 10:45-12:15 Fundamentals 1-3pm *Community Concert Rock Band 6:30-7:15pm Orchestra 7:30-9:00 PM	17 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	18
19 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	20	21 Drum & Percussion Class 1-3pm Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	22 Beginner Band 11-11:55 Skills Band 12-12:55 Jazz Improv 1 - 3	23 Eclectics 10:45-12:15 Fundamentals 1-3pm *Community Concert Orchestra 6:30-7:15pm Orchestra 7:30-9:00 PM	24 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	25
26 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	27	28 Drum & Percussion Class 1-3pm Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	29 Beginner Band 11-11:55 Skills Band 12-12:55 Jazz Improv 1 - 3	30 Eclectics 10:45-12:15 Fundamentals 1-3pm *Community Concert Haywires 6:30-7:15pm Orchestra 7:30-9:00 PM	1	2

## DECEMBER 2023

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					1 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	2
3 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	4 Finance MTG 6:30pm BOARD MTG 7:00pm	5 Drum & Percussion Class 1-3pm Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	6 Christmas Dinner Da Vinci Centre 4:30-7:30pm	7	8	9
10	11 Monthly Movies Concert MINDS @ WORK 6:00-6:45	12	13 Beginner Band 11-11:55 Skills Band 12-12:55 Jazz Improv 1 - 3	14	15	16
17	18	19	20	21	22	23
24 Christmas Eve	25 Christmas Day STAT Office Closed	26 Boxing Day	27 Lights of Wonder Giving Hut (To be Confirmed)	28 Lights of Wonder UKULELIANS MOODSWING ORCHESTRA (to be confirmed)	29 Lights of Wonder Giving Hut (To be confirmed)	30
31 New Year's Eve	1 New Year's Day STAT Office Closed	<b>ALL REGULAR PROGRAMS WILL RESUME ON JANUARY 7TH, 2024</b>				



**DONATE TO FRIENDS OF MUSIC SOCIETY USING OUR VIRTUAL DONATION BOX:** Just point your cell phone at the QR Code to be connected to our donation page at CanadaHelps. FOM Music Society gratefully acknowledges the support of the Province of BC, Island Health, The Mary Elizabeth Hemeon Memorial Fund through the Victoria Foundation, Sara Spencer Foundation, Capital Regional District Arts and Culture, Anonymous Donors, and all of our many friends.