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Get The BEAT

March - April 2023

ANNOUNCEMENTS

FOM MUSIC SOCIETY ANNUAL GENERAL MEETING

THURS APRIL 27th, 2023! From 6:00-8:30pm

6:00pm - Doors Open / Registration

6:30-7:15pm - Recovery Rock Band performs

7:20 - A YEAR IN REVIEW SLIDESHOW

7:30 - AGM Starts

The AGM will be held in person at Eric Martin Pavilion Theatre, with the option to attend virtually over ZOOM.

ELECTION OF THE FOM MUSIC SOCIETY BOARD OF DIRECTORS BE THERE TO CAST YOUR VOTE!

MEMBERSHIP RENEWAL REMINDER:

Paying the annual membership fee makes you a full voting member in the society. Please ensure that yours is up to date, in order to be eligible to vote at the AGM. All current members will receive an AGM package in the mail. See the reverse side for more info on how to renew your membership.

VOLUNTEER OPPORTUNITIES:

1) VOLUNTEER PROMOTERS

We're looking for Volunteer Promoters to distribute posters, flyers, brochures and handbills to key locations in the community. Promoter packages are available at the office.

2) MEMBERSHIP COMMITTEE

During March we're looking to develop a Membership Committee. We need representatives from each FOM music group to volunteer on this committee.

FOM STORIES: To read the full version of Mark's story, and his most recent piece titled "To Be Loved", check out the 'FOM STORIES' page of our website!
<https://friendsofmusic.ca/stories/>

We are always looking to showcase the talent of our members, volunteers, supporters and staff. If you're interested in a creative feature or sharing your story, get in touch with Vanessa, our Communications Coordinator: fommusicsociety2@gmail.com



OPEN MIC FEATURE

Believe in Yourself -By Mark Idczak

"The world is a stage", so says Will Shakespeare. My life has been a continuous series of stages. I believe our lives can be a movie, that is played at the end of our glorious life on earth, recounted by yourself to the creator. This is your life on stage. Everyone who performs, craves that moment of stardom, yearning for attention, love and acceptance, and an overwhelming desire to entertain people, lift them up and make them laugh. That is my mission.

'Divine inspiration is better than petty perspiration', is my motto. I love to sing old Rock 'n' Roll, Gospel, Operetta, and Old songs to glorify the creator. I am amazed, looking back at my life in my innocent pushy *joie de vivre* style, getting up on stages and Open mics.

I had to persist with determination to succeed. Oh, to hear the applause, to satisfy my audience! I was blessed to have many beautiful people in school to encourage me. When I was Born Again, I was able to put some real pizzazz in my recitals. In the same fashion, pushing myself to do a stint with a Rock Band in Calgary to do the song Bee-Bop-A-Lula, and they played great.

To me, music has been a gift. Going through phases of painful shyness, insecurities and rebellion. I treasure all of these precious moments, even the painful ones. Sometimes locking myself in my room as a teenager to blast my treasured records of Elvis Presley, Connie Francis, Buddy Holly, Nelson Eddy and Jeanette MacDonald. These artists were my first Friends of Music.

My advice to aspiring musicians; try your hand and voice to music. Therapy Personified, reach out in love! The advice of a loner who listened to his records, overcoming obstacles and trauma, is to follow in music with the creator. Put away your insecurities. Don't worry about critics. You can do it, believe in yourself!

FRIENDS OF MUSIC CALENDAR OF EVENTS

MARCH 2023

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
*All Community Concerts are held indoors at the Eric Martin Pavilion Theatre			1 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	2 Eclectics 10:45-12:15 Jazz Improv 1-3pm *Community Concert UKULELIANS 6:30-7:15pm Orchestra 7:30-9:00 PM	3 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	4
5 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	6 Finance MTG 6:30pm BOARD MTG 7pm	7 Let's Groove Drum & Percussion Class 1-3pm NO UKULELE GROUPS SCHEDULED TODAY Moodswing Chorus 7-9 pm	8 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	9 Eclectics 10:45-12:15 Jazz Improv 1-3pm *Community Concert EGLECTICS 6:30-7:15pm Orchestra 7:30-9:00 PM	10 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	11
12 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	13 Monthly Movies ROCK BAND 6:00-6:45pm	14 Let's Groove Drum & Percussion Class 1-3pm Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	15 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	16 Eclectics 10:45-12:15 Jazz Improv 1-3pm *Community Concert JAZZ IMPROV 6:30-7:15pm Orchestra 7:30-9:00 PM	17 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	18
19 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	20	21 NO DRUMMING TODAY Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	22 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	23 Eclectics 10:45-12:15 Jazz Improv 1-3pm *Community Concert HAYWIRES 6:30-7:15pm Orchestra 7:30-9:00 PM	24 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	25
26 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	27	28 NO DRUMMING TODAY Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	29 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	30 Eclectics 10:45-12:15 Jazz Improv 1-3pm *Concert MOODSWING ORCHESTRA 6:30-7:15pm Orchestra 7:30-9:00 PM	31 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	

APRIL 2023

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
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2 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	3 Finance MTG 6:30pm BOARD MTG 7pm	4 NO DRUMMING TODAY Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	5 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	6 Eclectics 10:45-12:15 Jazz Improv 1-3pm *Concert MOODSWING CHORUS 6:30-7:15pm Orchestra 7:30-9:00 PM	7 GOOD FRIDAY STAT HOLIDAY No Programs	8
9 Easter Long Weekend No Programs	10 Monthly Movies Concert MINDS @ WORK 6:00-6:45pm	11 Let's Groove Drum & Percussion Class 1-3pm Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	12 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	13 Eclectics 10:45-12:15 Jazz Improv 1-3pm *Community Concert JAZZ IMPROV 6:30-7:15pm Orchestra 7:30-9:00 PM	14 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	15
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23 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	24	25 NO DRUMMING TODAY Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	26 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	27 *Community Concert ROCK BAND 6:30-7:15pm AGM!	28 Haywires 1:30-3:30 Minds @ Work 3:30-5:30	29
30 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	<p>MEMBERSHIP RENEWAL: Your membership lasts one year from when you last paid. If your membership is due, please fill out a membership form in person and pay with cash or cheque or head to our website and renew online: https://friendsofmusic.ca/become-a-member/ We now have a 'pay online' option through Interac e-transfer!</p>					



DONATE TO FRIENDS OF MUSIC SOCIETY USING OUR VIRTUAL DONATION BOX:
 Just point your cell phone at the QR Code to be connected to our donation page at CanadaHelps. FOM Music Society gratefully acknowledges the support of the Province of BC, Island Health, The Mary Elizabeth Hemeon Memorial Fund through the Victoria Foundation, Sara Spencer Foundation, Capital Regional District Arts and Culture, Anonymous Donors, and all of our many friends.