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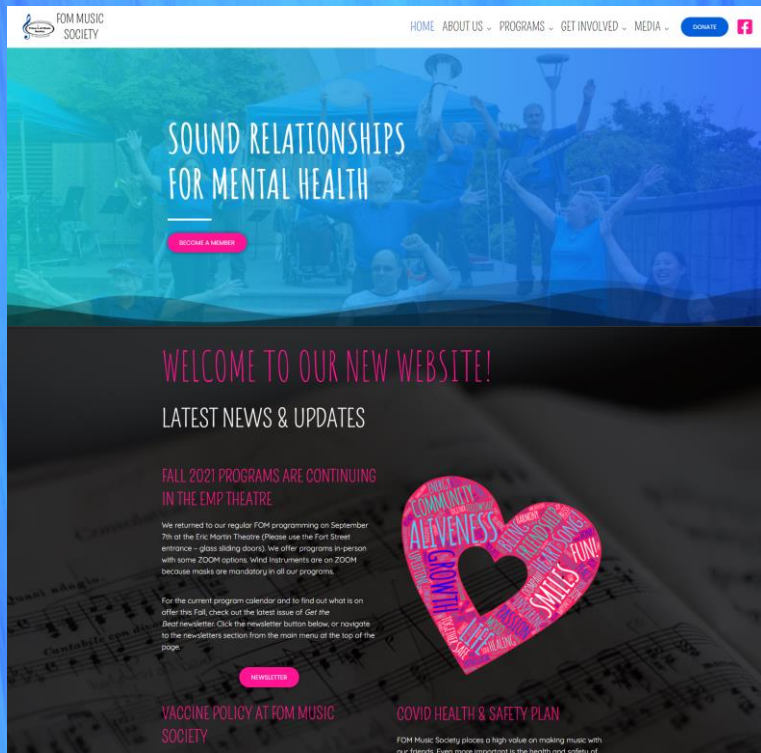
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Get The BEAT

NOVEMBER - DECEMBER 2021

NEW WEBSITE LAUNCH!



We've been working hard these last few months to create a brand new website for FOM Music Society and we are excited to announce that is almost ready to launch! The new site will showcase a ton of new content and features. Not only will it have a more updated look and feel, but will include; dedicated media pages with photo galleries, performance videos, a stories page (featuring our Members), and our Imagine Café recordings. You will be able to sign up or renew your memberships online. We are hoping to add a pay online option for membership fees, and we will update on that as soon as it is set up.

The domain name will remain the same. You can check out the site at our usual web address www.friendsofmusic.ca, once it goes live. We welcome constructive feedback - let us know about your user experience! We would like to thank Vanessa MacDonald and Board Member, Nathan Michaels for their hard work in creating the new website.

IMPORTANT DATES & UPDATES

DEC 2021 - ANNUAL CHRISTMAS DINNER The Annual Christmas Dinner special event will be re-imagined as multiple mini special events. Our individual groups will help individual Mental Health Housing Sites celebrate the Holidays in a COVID-safe manner.

FOM MEMBER FEATURE

Ivan Stroek

"To My Friends of Music"

May the "Muse" be with You Always!

My name is Ivan and I sing, among other things; Gregorian Chants, at Open Mic on Sunday Evenings.

Briefly described, Gregorian Chant is a form of medieval Latin church music. I came upon it through my Roman Catholic background. There isn't much interest in it these days, but in my case, it really took!

I began memorizing them in my late 20's; first, for the occasional Latin service, but eventually for myself and the love of their sacred, solemn, often plaintive tone.

For years, I preserved the Chants I had learned, in my memory, by singing them over and over whenever I was alone, or just had opportunity to perform them. I briefly squeezed them into my karaoke repertoire at a lounge I frequented, but in the end, they somehow didn't go over well.

Then one day, divine providence, embodied itself in Janet Pryer (FOM Executive Director), who met me upstairs in Eric Martin Pavilion. She suggested, and encouraged me to come to Open Mic on Sunday evenings. I hummed and hawed over it for what was probably a few months; but in time made it there on a Spring evening. That night, I sang Psalm 99 like never before. The audience (a matter of perhaps 20 people at that time) responded very positively.

I've lost track, but I think I've attained my 3rd FOM birthday, by now. I sing a lot of contemporary songs now, as well. Through it all, Open Mic has been a major musical and emotional outlet. Music is virtually everything. Nothing heals like it.



FRIENDS OF MUSIC CALENDAR OF EVENTS

NOVEMBER 2021

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	1 UKULELIANS CONCERT* @1pm	2 Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	3 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	4 Eclectics 10:45-12:15 Jazz Improv 1-2pm Moodswing Orchestra Rehearsal 7:00-8:30 PM	5 Haywires 2-4 Minds at Work 4-6pm	6
7 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	8 BOARD MTG 5:30PM M. CHORUS Concert* 1pm	9 Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	10 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	11 REMEMBRANCE DAY NO GROUPS SCHEDULED OFFICE CLOSED 	12 Haywires 2-4 Minds at Work 4-6pm	13
14 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	15 HAYWIRES CONCERT* @1pm	16 Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	17 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	18 Eclectics 10:45-12:15 pm Jazz Improv 1-2pm CC Ken BEATTIE 6:30-7:15 Orchestra 7:30-9:00 pm	19 Haywires 2-4 Minds at Work 4-6pm	20
21 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	22	23 UKULELIANS CONCERT* @ 1pm Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	24 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	25 Eclectics 10:45-12:15 pm Jazz Improv 1-2pm CC Jazz Improv 6:30-7:15 Rehearsal 7:30-9:00 PM	26 ROCK BAND CONCERT* @1PM Haywires 2-4 Minds at Work 4-6pm	27
28 Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	29 ECLECTICS CONCERT* @ 1pm	30 Learn Ukulele 4-5 pm UKULELIANS 5:00-6:30pm Moodswing Chorus 7-9 pm	*CONCERT & SPECIAL EVENT LOCATIONS: Please note that the concerts are only for residents of each mental health housing site. The location will be given to performers by email, or at the rehearsal.			

DECEMBER 2021

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
			1 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3 pm	2 Eclectics 10:45-12:15 Jazz Improv 1-2pm HAYWIRES XMAS CONCERT EMP THEATRE 6:30pm Orchestra 7:30- 9:00 pm	3 Haywires 2-4 Minds at Work 4-6pm	4
5 Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm Minds @ Work Concert Vic Event Centre 7:10pm	6 CHORUS* Concert @1pm BOARD MTG 5:30PM	7 Moodswing Orchestra* Xmas Concert @ 2pm Learn Ukulele 4-5 pm UKULELIANS - 5:00-6:30pm Moodswing Chorus 7-9 pm	8 Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3 pm	9 Eclectics 10:45-12:15 Moodswing Chorus Xmas Concert @ EMP Theatre 6:30-7:15pm	10 Moodswing Chorus* Xmas Concert @ 1pm	11
12	13 Skills Band Concert @ 1pm	14 Ukulelians Concert* @1pm Moodswing Chorus* Concert @ 6:30pm	15 Skills Band 11am SPECIAL EVENT CONCERT* Haywires Xmas Concert* Concert @1pm	16 Rock Band 1pm *SPECIAL EVENT CONCERT	17 Moodswing Orchestra Concert @1:30pm*	18
19	20 Eclectics SP. EVENT* @ 1pm	21 Haywires Xmas @1pm SPECIAL EVENT CONCERT*	22 Fundamentals Concert* @2:30pm	23 Ukulelians Concert* @ 1:00pm	24 CHRISTMAS EVE	25 XMAS DAY
26 BOXING DAY	27	28	29	30	31 NEW YEAR'S EVE	

The Eclectics @ an outdoor concert



Moodswing Choir @ Concert In The Park



DONATE TO FRIENDS OF MUSIC SOCIETY USING OUR VIRTUAL DONATION BOX:

Just point your cell phone at the QR Code to be connected to our donation page at CanadaHelps. FOM Music Society gratefully acknowledges the support of the Province of British Columbia, The Victoria Foundation Mary Elizabeth Hemeon Memorial Fund, Anonymous Donors, and all of our many friends.