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# Get The **BEAT**

**JULY - AUGUST 2020**

## ANNOUNCEMENTS

**Our new MANDATORY RULES to keep each other safe in the Eric Martin Theatre:**

1. Complete the assessment questionnaire, then wash or sanitize your hands before entering the Theatre.
2. OCCUPANCY LIMITS – We can accommodate 12-16 people at a time in the theatre seating. The stage fits 4 people total.
3. Maintain 2 meters (or 6 feet) of physical distance between each other. Follow the signage.
4. SEATING – We are very fortunate to be able to use the theatre seating area to maintain physical distance. Use the seats indicated.
5. EXITS & STAIRS – Stay close to the railings and follow the “ONE WAY” arrows.
6. WASHROOMS – The lobby washrooms are for those using the theatre seating areas while the stage washrooms are for those on the stage. Thanks for your understanding.
7. COVER YOUR MOUTH AND NOSE – Capture all coughs and sneezes in your inner elbow.
8. IMPROVING OUR SAFETY – Please report all concerns about health and safety to your instructor or to [info@friendsofmusic.ca](mailto:info@friendsofmusic.ca), so we can keep everyone safe.



**HELLO  
SUMMER!**

**We are pleased to announce that we'll be returning to in-person groups and Open-Mic at the Eric Martin Theatre, through July and August! Some performance groups will be scheduled to perform at outdoor concerts.**

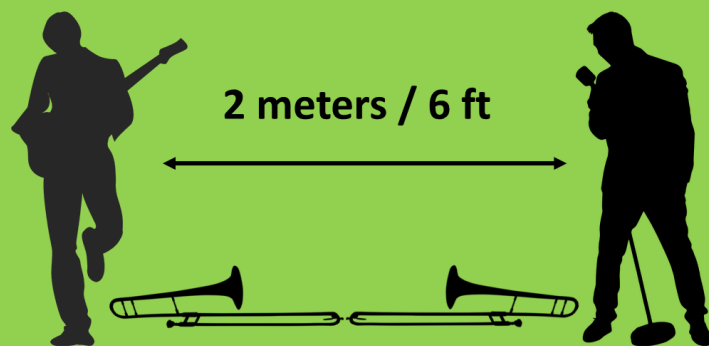
Going forward, we'll be doing things a bit differently, in order to prevent the spread of COVID-19. In this Newsletter issue, we'll catch you up on our new format for all in-person groups and events, to keep everyone safe and healthy.

First and foremost, the best line of defence is keeping COVID-19 out of FOM Music Society. We need everyone to help us with this, by self-screening before you decide to come in for groups or concerts.

**If you answer 'YES', to any of the following questions, please stay home, to best protect others:**

1. Have you had symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, & new muscle aches or headache.
2. Have you been directed by Public Health to self-isolate?
3. Have you arrived from outside of Canada within the last 14<sup>th</sup> days?
4. Have you had contact with a confirmed COVID-19 case within the last 14 days?

## PHYSICAL DISTANCING



**KEEP 2 TROMBONES APART**

**SMILE & WAVE FROM  
6FT / 2 METERS APART**

**THANKS FOR STAYING HOME IF  
YOU ARE UNWELL!**

# FOM MUSIC SOCIETY SUMMER 2020 CALENDAR

## JULY 2020

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
		30 Mini Eclectics Concert	1	2	3	4
<b>ALL GROUPS IN-PERSON NOW!</b>						
5 Mental Pride Rock Band 5-6 pm OPEN MIC 6-8 pm	6 Haywires at Shelmarie 1pm	7 Jazz Improv 11-12 Moodswing Chorus 7-9 pm	8 Summer Band 12 – 1pm Fundamentals 1 – 3pm	9 Moodswing Orchestra Rehearsal 6:30-7:30 PM Haywires 7:30 – 8:30pm	10	11
12 Mental Pride Rock Band 5-6 pm OPEN MIC 6-8 pm	13	14 Jazz Improv 11-12 Outdoor Concert 1pm 1230 Styles St by Ken on Accordion Moodswing Chorus 7-9 pm	15 Summer Band 12 – 1pm Fundamentals 1 – 3pm	16 Outdoor Concert 1pm 923 Burdett St by Summer Band 4:30 Ukulelians at 31 Erie 6:30 Ken Beattie at 31 Erie Orchestra Rehearsal 6:30 Haywires 7:30 – 8:30pm	17 4:30 Haywires at 31 Erie 6:30 RockBand at 31 Erie	18
19 Mental Pride Rock Band 5-6 pm OPEN MIC 6-8 pm	20 Guest Jazz Combo Shelmarie 1pm	21 Jazz Improv 11-12 Moodswing Chorus 7-9 pm	22 Summer Band 12 – 1pm Fundamentals 1 – 3pm	23 Community Concert: HAYWIRES Perform Outside EMP 3:00 pm	24	
26 Mental Pride Rock Band Performs at Burdett at 2 pm OPEN MIC 6-8 pm	27	28 Jazz Improv 11-12 Outdoor Concert 1pm 1230Styles St Performer TBA Moodswing Chorus 7-9 pm	29 Summer Band 12 – 1pm Fundamentals 1 – 3pm	30	31	

For residents of Caribbean Apartments!

## AUGUST 2020

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
						1
2	3	4	5 Moodswing Chorus Performs at Shelmarie at 1pm	6 Outdoor Concert 1pm 1230Styles St Performer TBA	7	8
9 Rock Band Performs at Adanac 1 pm OPEN MIC 6-8 pm	10	11 Fundamentals Perform at Shelmarie at 1pm	12 Moodswing Chorus at Comerford in Parking Lot 11 A.M.	13 Outdoor Community Concert at Burdett 1 pm by Jazz Improv Moodswing Orchestra Dress Rehearsal 6:30-7:30 PM	14	15
16 Rock Band Performs at Comerford 1 pm (in parking area) OPEN MIC 6-8 pm	17	18	19	20 Moodswing Orchestra Performs 3pm Outdoor Concert at EMP	21	22
23 To confirm if Rock Band at Styles 1pm OPEN MIC 6-8 pm	24	25	26	27 Outdoor Concert 1pm 1230Styles St Performer TBA	28	29
30 OPEN MIC 6-8 pm	31					

For residents of Caribbean Apartments!

### FALL PROGRAMS BEGIN SEPT 8, 2020

Sign up at [info@friendsofmusic.ca](mailto:info@friendsofmusic.ca) to learn a new instrument in Beginner Band or get more information. Some instruments available for members to sign out.



#### DONATE TO FRIENDS OF MUSIC SOCIETY USING OUR VIRTUAL DONATION BOX:

Just point your cell phone at the QR Code to be connected to our donation page at **CanadaHelps**. FOM Music Society gratefully acknowledges the support of the Province of British Columbia, The Victoria Foundation Mary Elizabeth Hemeon Memorial Fund, Anonymous Donors and all our many friends.